

# Colchester Netball League

## Modified CNL Rules

1. We propose the league is run as a 'friendly league' there will be no promotions or demotions based on the results. The results will be for information only and to acknowledge placings only.
2. We are looking at implementing Divisional bubbles and using only courts 1,4,5,6,8,9,10.
3. 4 x 10-minute games with maximum 5-minute quarter breaks for sanitisation etc
4. All teams must follow the modified rules and it their responsibility to ensure that their players are all aware of this and have familiarised themselves.
5. Players can ONLY play one match in an evening. This is part of the EN modified rules, a maximum of 60 minutes of close contact play per day is allowed.
  - a. For example, a player cannot play for their team at 7pm and then play up for another team in their club at the 8.30pm match ON THE SAME NIGHT.
  - b. Players can 'play up' for another team, just not on same night as their normal team has played.
  - c. Also, a player cannot play part or half a game for two teams, on the same night either.
  - d. If they are young players at school, they can take part in other sport lessons and activities AND play a club match on the same day.
6. Players in the same club are allowed to play up (not down) as many times as they want.
7. The committee propose in order to potentially help the smaller clubs those with only 1 or 2 teams by introducing a 'buddy scheme' where teams could link up during this time to help with playing up and may help limit cancellations. This would apply to those teams in the Divisions below your lowest placed team (if a club of 2 teams). So, if in 4<sup>th</sup> Division could ask those in 5<sup>th</sup> and below. If agreed we would just need to know which teams are buddying together. THIS TO BE DISCUSSED AMONGST MEMBERSHIP? Would this be helpful?
8. The bench can consist of any playing substitutes, (if they are not playing, they should not be there), along with a team manager and a coach, who both should also be responsible for safeguarding for under 18's and first aid, if included.
9. There are no spectators allowed at all on site please support us with this as the centre will be monitoring and any breaches may result in us losing the use of the facility.
10. Umpires can umpire two games on the same evening and/or play a match and umpire
11. Scorers are not compulsory for 1<sup>st</sup> and 2<sup>nd</sup> Division but are optional for all Divisions, but they must stand together (socially distanced of course) and where allocated according to court playing on.
12. At centre pass home team provide sanitised ball in 1<sup>st</sup> and 3<sup>rd</sup> quarter and away team 2<sup>nd</sup> and 4<sup>th</sup>. Balls should be sanitised each quarter and if the ball rolls out of court and is touched by someone other the court players either another ball is used or that one sanitised.
13. Bibs should NOT be shared under any circumstances. We proposed that if teams have two sets of patch bibs, they one on front of dress/top each quarter to allow for 3 opportunities to sub, if you have overhead bibs as a back-up these could be used as well, but you can't mix patch bibs and overheads together.
14. England Netball are not recommending that players wear face masks or visors to play on court as they restrict lung capacity. Individuals have to decide to opt in to activity at this time and whilst they are putting risk mitigation measures in place wherever possible, the wearing of face masks is not

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one and will not be acceptable to play a match in. You can obviously wear them to and from game but not during.

15. If a player has to wear gloves for medical reasons, they must change them at least every 15 minutes (or alongside the hand hygiene protocols stipulated by the league). The change should be for a completely new and washed pair of gloves, not a set previously worn in the game. Sanitising gloves instead of replacing them is not accepted.
16. For the start of the 7pm games we will use a warning hooter to advise that games should start by 7.05pm at the latest. With the maximum of a 5-minute break between each quarter the games should be finished by 7.55pm and courts and site should be cleared of 7pm players by 8.10pm, it also gives time if injuries. However, we will once again sound hooter at 8.10pm and if games still in place ask that umpires finish the game. 8.30pm games will not be started or end by a hooter.
17. Due to the unusual circumstances, and the uncertainty, and taking into account teams may struggle to get players during the season, because of Covid 19, the existing cancellation rules will be more flexible and any cancellation fees waived. We will look to rearrange games where we can if one or both teams lack players primarily because of suspected Covid 19 symptoms, but, where we are unable to rearrange, we will either void those games or share points (e.g. 25 all score)
18. Captains/Team Managers to complete card (one card per team) filling out names of players, umpires name and score, and scorers' names checking with the other team captain score is written correctly. A new result card template is provided electronically for teams to print out at home (paper is fine) and bring to game to fill in score
19. Please take and photo and add to Divisional WhatsApp group – keep card in case of discrepancy/query. We will NOT be collecting scorecards so up to teams to keep safe. **NO PAPERWORK AT ALL IT MUST BE DIGITAL**
20. If anyone wants to film for GCSE/A Levels during the season the first point of contact needs to be the committee for permission as we will need to make some checks and ensure everyone is kept safe so please give at least one-week lead in time.
21. If allowed to play full rules during season, we will carry on league in same format *but remaining games become full rules (but still adhere to principles of informal league as above)*
22. Teams will only be charged court fees for the matches they play.
23. There will be no trophies awarded
24. If we have another lock down, we will monitor the situation and hopefully restart when we can but are planning on running through to summer with this league with a finish date at the end of June.
25. Any teams that have opted out this season will be able to re-join next season in the Division they were, depending on the number of teams that return to resume our original 6 Divisions from 2019/20 season.